

Certain necessary

DIRECTIONS,

As well for the

CURE

Academy
OF THE

PLAGUE,

As for preventing the

Infection :

WITH

Many easy MEDICINES of small
Charge, very profitable to His
Majesty's Subjects.

Set down by the College of Physicians.

By the King's Majesty's special Command.



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 ry profitable to His Majesty's Subjects.

I. *Doctors, Apothecaries, and Chirur-
 geons.*

THE Church-Orders for Prayers be-
 ing first observed as in former Times,
 it might be desired, that by the Go-
 vernment of the City there be appointed six
 or four Doctors at least, who may apply
 them-

themselves to the Cure of the Infected; and that these Doctors be Stipendiaries to the City for their Lives; and that to each Doctor there be assigned two Apothecaries and three Chirurgeons, who are also to be stipended by the City; that so due and true Care may be taken in all Things, that the People perish not without Help, and that the Infection spread not, while none take particular Care to resist it, as in *Paris, Venice, and Padua*, and many other Cities.

And if any Doctor, Apothecary, or Chirurgeon stipended by the City shall happen to die in the Service of the Attendance of the Plague, then their Widows surviving shall have their Pensions during their Lives.

II. *Prevention of propagating the Infection from Place to Place.*

AS the Provision already made by Authority, upon Occasion, of prohibiting Persons and Goods coming from foreign Countries and Places infected, to be landed, for forty Days, is most rational, for preventing the bringing in of the Contagion from any such Places; so it is advisable, that some suitable Provision be made in relation

lation to Persons within the kingdom, who may remove or travel from Places much infected, to sound; as, That none might travel without Certificate of Health; that Persons justly suspected might not be suffered to enter such Places free from Infection, but speedily sent away, or kept in some House or Houses set apart to receive such Persons (with Accommodation of Necessaries) for forty or thirty Days at least, till their Soundness might appear; And that any Goods coming from the like Places might be opened and aired, before received into Houses free and clear.

III. Prevention of dispersing the Contagion amongst Persons.

IT is advisable, That all needless Concourses of People be prohibited; That the Poor be relieved and set at work, and Beggars not suffered to go about; That all Sale of corrupt Provision for Food be restrained; That Streets and Houses be as diligently and carefully as may be, kept clean; the Streets washed and cooled as much as may be, by the plentiful running of the Conduits and Water otherwise procured. And it were to be wished, that

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Vaults for Privies might be emptied only in Winter: And that Soap-suds and Liquors wherein foul Clothes are washed or rinsed, might, as much as may be, be otherwise conveyed, than through the Streets and Gutters, or washed away with Plenty of Water.

It were also to be wished, That the Slaughter-houses were utterly put from out the Liberties of the City, being in themselves very offensive; And that Funnels in Church-vaults be considered of, and the Depth of Graves, and the putting of Quick-Lime into them, and the infected buried without the City.

IV. To be cautelous upon any Suspicion.

IT is to be presumed, because every one desireth his own Liberty, that none will give notice of any Suspicion of the Plague against themselves; wherefore that must be the Overseers Care, upon any Notice or Suspicion of Infection, by the Help of the Doctors, Chirurgeons, Keepers or Searchers, to find out the Truth thereof, and so to proceed accordingly, but not to depend upon the Testimony of Women-searchers only.

V. Di-

V. Directions for the Searchers.

1. **T**hey are to take Notice whether there be any Swellings, Risings, or Botch under the Ear, about the Neck, on either Side, or under the Arm-pits of either Side, or the Groins, and of its hardness, and whether broken or unbroken.

2. Whether there be any Blains which may arise in any part of the Body in the form of a Blister, much bigger than the Small Pox, of a straw-colour, or livid colour, which latter is the worser; either of them hath a reddish Circuit, something swollen round about it, which Circuit remains after the Blister is broken, encompassing the Sore.

3. Whether there be any Carbuncle, which is something like the Blain, but more fiery and corrosive, easily eating deep into the Flesh, and sometimes having a black Crust upon it, but always compassed about with a very fiery red (or livid) flat and hard Tumour, about a finger-breadth more or less: This and the Blain may appear in any part of the Body.

4. Whether there be any Tokens, which are Spots arising upon the Skin, chiefly about

bout the Breast and Back, but sometimes also in other Parts, their Colour is something various, sometimes more reddish, sometimes inclining a little toward a faint blue, and sometimes brownish mixt with blue; the red ones have often a purple-circle about them, the brownish, a reddish.

5. Whether the Neck and other Limbs are rigid or stiff, or more flexible and limber than in other dead Bodies.

VI. The Care to be taken when a House is visited.

THat upon the Discovery of the Infection in any House, there be presently Means used to preserve the Whole, as well as to cure the Infected: And that no sick Person be removed out of any House, tho' to another of his own, without notice thereof to be given to the Overseers, and to be by them approved; or if the whole be to be removed, that notice be given to the Overseers of their Remove, and that Caution be given that they shall not wander about till they be sound.

The House that is known to be infected, tho' none be dead therein, to be shut up, and carefully kept watched by more trusty
Men

Men than ordinary Warders, till a time after the Party be well recovered, and that time to be forty Days at the least, or rather remove them all immediately to the Pest-houses.

VII. Caution about Apparel and Householdstuff.

That no Apparel or Householdstuff be removed, or sold out of the infected House, for six Months after the Infection is ceased in the House; And that all the Brokers, and inferior Cryers for Apparel be restrained in that behalf, and such Apparel or Householdstuff to be aired and fumigated.

VIII. Correction of the Air.

Fires made in the Streets often, and good Fires kept in and about the Houses of such as are visited, and their Neighbours, may correct the infectious Air; as also frequent discharging of Guns.

Also Fumes of these following Materials; Rosin, Pitch, Tar, Turpentine, Frankincense, Myrrhe, Amber; The Woods of Juniper, Cypress, Cedar; The Leaves of
B Bays,

Bays, Rosemary; to which, especially to the less grateful sented, may be added somewhat of *Labdanum*, *Storax*, *Benzoin*, *Lignum aloe*; one or more of these, as they are at hand, or may be procured, are to be put upon Coals, and consumed with the least Flame that may be, in Rooms, Houses, Churches, or other Places.

Brimstone burnt plentifully in any Room or Place, tho' ill to be endured for the present, may effectually correct the Air for the future.

Vapours from Vineger exhaled in any Room may have the like Efficacy; especially after it hath been impregnated, by infusing or steeping in it any one or more of these Ingredients; Wormwood, Angelica, Master-wort, Bay-leaves, Rosemary, Rue, Sage, *Scordium*, or Water-germander, Valerium, or Setwall-root, Zedoarie, Camphire. To which Vineger also, to render it less ungrateful, may be added Rosewater, to a fourth or third part: These are cooler, and so more proper for hot Seasons.

The Vapour of Vineger raised by slaking of Lime in it, may effectually correct the Air near about it.

Take Salt-peter, Amber, Brimstone, of each two parts, of Juniper one part; mix them

them in a Powder, put thereof upon a red hot Iron, or Coals, a little at once.

IX. Perfuming of Apparel.

THIS also may preserve from Infection, being done by some of the more grateful of the dry Fumes of the Gumms, &c. before mentioned to be burnt; and between whiles frequent shifting and airing of Apparel may be, especially by the Fire, or in the Sun, the more effectual; this to be done the rather, if one hath come in Danger of Infection.

X. By carrying about of Perfumes.

SUCH as are to go abroad, shall do well to carry Rue, Angelica, Masterwort, Myrrh, Scordium, or Water-germander, Wormwood, Valerian, or Setwall-root, Virginian-snake-root, or Zedoarie in their Hands to smell to; and of those they may hold or chew a little in their Mouths as they go in the Streets; They may anoint their Nostrils with Oyl of Amber, or Balsam of Sulphur; especially if they be afraid of any Place: Fear, aswell as Presumption, being hurtful.

Take Rue one handfull, stamp it in a Mortar, put thereto Vineger enough to moisten it, mix them well, then strain out the Juice, wet a piece of Sponge, or a Toast of brown Bread therein, tie it in a thin Cloth, bear it about to smell to.

Take the Root of Angelica beaten grossly, the weight of six pence, of Rue, and Wormwood, of each the weight of four pence, Setwall the weight of three pence; bruise these, then steep them in a little Wine-Vineger, tie them in a linnen Cloth, which they may carry in their Hands, or put it into a Juniper-box full of Holes to smell to.

XI. Or they may use this Pomander.

TAke Angelica, Rue, Zedoarie, of each half a Dram, Myrrh two Drams, Camphire six Grains, Wax and *Labdanum* of each two Drams, more or less, as shall be thought fit to mix with the other things; make hereof a Ball to carry about you; you may easily make a Hole in it, and so wear it about your Neck with a String.

XII. The

XII. *The richer Sort may make Use of this Pomander.*

TAke Citron-pills, Angelica-seeds, Zedoary, Red-rose-leaves, of each half a Dram, yellow Saunders, *Lignum aloes*, of each one Scruple, *Galla Moschata* four Scruples, Storax, Benzoin, of each one Dram, Camphire six Grains, *Labdanum* three Drams, Gum-Tragacanth dissolved in Rose-water, enough to make it up into a Pomander, put thereto six Drops of Spirit of Roses, inclose it in an Ivory-box, or wear it about your Neck.

XIII. *By inward Medicines.*

LEt none go fasting forth, every one according as they can procure, let them take some such thing as may resist Putrefaction.

Some may take Garlick with Butter, a Clove, two or three, according as it shall agree with their Bodies; some may take fasting, some of the Electuary with Figs and Rue hereafter expressed; some may use *London-Treacle*, the weight of eight pence in the Morning, taking more or less, according

ding to the Age of the Party ; after one Hour let them eat some other Breakfast, as Bread and Butter with some Leaves of Rue or Sage moistned with Vineger, and in the heat of Summer of Sorrel or Wood-sorrel.

Pure Water with so much Salt as may be but tasted, or well born ; or with Flour of Brimstone, or common Brimstone boyld in it, an Ounce in three Pints, to a Quart ; a Draught being taken every Morning, hath proved effectual and successful.

To steep Rue, Wormwood, or Sage all Night in their Drink, and to drink a good Draught in the Morning fasting, is very wholesome, or to drink a Draught of such Drink after the taking of any of the Preservatives will be very good.

Take of Sage bruised well two handfuls, of Wormwood one handful, of Rue half a handful, put them into a Jugg of four Quarts, put to them of mild Beer ready to drink four Quarts ; in the Morning let every one of the Family drink a Draught of it fasting, together eating after it Bread and Butter.

Take of the Roots of *Petasitis*, or Butter-burre, six Ounces, Roots of Elecampane, Masterwort, and Angelica, of each an Ounce and half, Leaves of Meadow-sweet,

Scordium,

Scordium, Bawm, of each two handfuls,
 Rue and Wormwood of each one handful,
 Citron (or Limon) peel, Nutmeg, of each half
 an Ounce, of Juniper-berries ripe and pul-
 pey two Ounces, of *Carduus*-seed one Ounce;
 All duly prepared by cutting and bruising,
 are to be mixed and put into a Bag, to in-
 fuse in six Gallons of Ale or Beer, whereof
 may be drunk a Draught every Morning and
 Evening; and at Meals it may be mingled
 with ordinary Beer.

Take of the Conserve of Wood-sorrel
 two Ounces, of *Diascordium* two Drams,
 of the Flour of Brimstone very finely ground
 one Dram, of Saffron three Grains, of Sy-
 rup of Wood-sorrel, as much as is suffici-
 ent to make an Electuary: For Prevention,
 take a Dram every Morning fasting, during
 the imminent Danger: Let the Party drink
 after it a Draught of white-wine Posset,
 with a Spoonful and half of the Plague-wa-
 ter in it in Bed, or of this Water following.

Take of *Angelica*, *Carduus benedictus*,
 Sage, *Scordium*, *Petasitis*, or Butter-burre,
 Bawm, and Plantain, of each four handfuls,
 of Setwall and Borage of each two handfuls,
 of Mint one handful, of white-wine two
 Quarts; distill them in a cold Still, and
 preserve the Water for Use.

XIV. The Plague-water of Matthiast, or, Aqua Epidemica.

TAKE the Roots of Tormentil, Angelica, Peony, Zedoarie, Liquorish, E-lecampane, of each half an Ounce, the Leaves of Sage, *Scordium*, Celandine, Rue, Rosemary, Wormwood, *Ros solis*, Mugwort, Burnet, Dragons, Scabious, Agrimony, Bawm, *Carduus*, Betony, Centery the less, Marygolds Leaves and Flowers, of each one handful; Let them all be cut, bruised, and infused three Days in eight Pints of White-wine in the Month of *May*, and distilled.

Take of *London-Treacle* two Ounces, of Conserve of Wood-sorrel three Ounces, of the temperate Cordial species half an Ounce, of Syrup of Limons enough to make all an Electuary: Of this may be taken a Dram and half for Prevention, and the double Quantity for Cure.

Steep Juniper-berries in Vineger for a Night, let the Vineger be exhaled off; eat thereof at Pleasure.

An Electuary of Bole-Armeniack, as much as you please; or of the Powders whereof the Treacle *Diatefferon* is made, mixed up with Syrup of Vineger; or an Electuary of
Zedoarie,

Zedoarie, with Syrup of Limons, are easily made, and very effectual, being taken as the former.

In all Summer-plagues it shall be good to use Sorrel-sawce to be eaten in the Morning with Bread, and in the Fall of the Leaf to use the Juice of Barbaries with Bread also.

XV. Mithridates his Medicine of Figs.

TAKE of good Figs, and Walnut-kernels, of each twenty four, Rue pick'd two handfuls, of Salt half an Ounce or somewhat better: First, stamp your Figs and Walnuts well together in a Stone-mortar, then add your Rue, and last of all your Salt, mix them exceeding well; take of this Mixture every Morning fasting, the Weight of sixteen pence, to Children and weak Bodies less.

XVI. Or this will be effectual also.

TAKE twenty Walnuts, pill them, Figs fifteen, Rue a good handful, Tormen-til-roots three Drams, Bole-Armoniack a Dram and a half. First stamp your Roots, then your Figs and Seeds, then add your
C Walnuts,

Walnuts, then put to your Rue and Bole; and with them put thereto six Drams of *London-Treacle*, and two or three Spoonfuls of Wine-vineger, mix them well in a Stone-mortar, and take of this every Morning the Quantity of a good Nutmeg fasting: They that have Cause to go much abroad, may take as much more in the Evening two Hours before Supper.

Take of Figs half a Pound, of Walnut-kernels two Ounces, of dried Rue-leaves one Ounce, of Salt half an Ounce, of the Root of *Petasitis* six Drams, *Contrayerva*-root, Virginian Snake-root, Salt of *Prunella*, of each a Dram and half, of Zedoarie a Dram, of Sugar dissolved in Vineger to a Syrup, enough to make all into an Electuary.

Hereof may be taken a Dram or the Quantity of a Nutmeg every Morning and Evening.

XVII. *For Women with Child, Children, and such as cannot take bitter things, use this.*

TAKE Conserve of Red-roses, Conserve of Wood-sorrel, of each two Ounces, Conserves of Borage, of Sage-flowers, of each six Drams, Bole-Armoniack, Shavings of

of Harts-horn, Sorrel-seeds, of each two Drams, yellow or white Saunders half a Dram, Saffron one Scruple, Syrup of Wood-sorrel, enough to make it a molst Electuary; mix them well, take so much as a Chestnut at a Time, once or twice a Day, as you shall find Cause.

XVIII. *For the richer Sort.*

TAKE the Shavings of Harts-horn, of Pearl, of Coral, Tormentil-roots, Zedoarie, true *Terra Sigillata*, of each one Dram, Citron-pills, yellow, white and red Saunders, of each half a Dram, white Amber, Hyacinth-stone prepared, of each two Scruples, Bezoar-stone of the East, Unicorns-horn, of each four and twenty Grains, Citron and Orange-peels candied, of each three Drams, *Lignum Aloes* one Scruple, white Sugar-candie twice the Weight of all the rest; mix them well, being made into a Dredge-powder. Take the Weight of twelve pence at a Time every Morning fasting, and also in the Evening about five a Clock, or an Hour before Supper.

With these Powders and Sugar there may be made Lozenges, or *Manus Christi's*, and with convenient Conserves they may be

made into Electuaries. All which, and many more for their Health, they may have by the Advice and Directions of their own Physicians; or, as we hope, Physicians will not be wanting to direct them as they may have need, to the Poor for Charity sake,

They may also use Bezoar-water, or Treacle-water distilled, compounded by the Physicians of *London*, and known by the Name of *Aqua Theriacalis stillatitia*, which they may use simply; or they may mix them also with all their Antidotes, as Occasion shall require.

Take of Amber-gryse a Scruple, dissolve it in four Ounces of the best Spirit of Sack; take hereof every Morning a Scruple, with Crumbs of White-bread and Sugar of Roses. Balsam of Sulphur to four or five Drops, or *Elixir Proprietatis* to twenty or thirty Drops, in Wine, or Water and Sugar, may be effectual.

The use of *London-Treacle* is good, both to preserve from the Sicknes, as also to cure the Sick, being taken upon the first Apprehension in a greater Quantity, as to a Man two Drams, but less to a weak Body, or a Child, in Carduus or Dragon-water.

Take of the finest clear Aloes you can buy, of Cinnamon, of Myrrh, of each of these

these the weight of three *French Crowns*, or of Two and twenty pence of our Money, of Cloves, Mace, *Lignum Aloes*, of Mastick, of Bole-Oriental, of each of these half an Ounce; mingle them together, and beat them into a very fine Powder, of the which take every Morning fasting the weight of a Groat in White-wine deluyed with Water.

Take a dry Fig, and open it, and put the Kernel of a Walnut into the same, being cut very small, three or four Leaves of Rue, commonly called Herb-Grace, a Corn of Salt; then rost the Fig and eat it warm, fast three or four Hours after it, and use this twice in the Week.

Take the Powder of Tormentil the weight of six pence, with Sorrel or Scabious-water in Summer, and in the Winter with the Water of Valerian, or common Drink, wherein hath been infused the forenamed Herbs.

Or else, in one Day they may take a little Worm-wood and Valerian, with a Grain of Salt; in another Day they may take seven or eight Berries of Juniper dried, and put in Powder, and taking the same with common Drink, or with Drink in which Worm-wood and Rue hath been steeped all Night.

Also the Treacle called *Diatesseron*, which is made but of four things of light Price, easy

The Advice of

fy to be had : The Ingredients are, Gentian, Bay-berries, Myrrh, and *Aristolochia* the round, in equal proportion, made into an Electuary with three Times the weight of Honey.

Also the Root of *Elicampne* taken in Powder with Drink.

Likewise a Piece of Orris-root kept in the Mouth as Men pass in the Streets.

Take six Leaves of Sorrel, wash them with Water and Vineger, let them lie in the said Water and Vineger a while, then eat them fasting, and keep in your Mouth and chew now and then either Setwall, or the Root of Angelica, or a little Cinnamon, or four Grains of Myrrh, or so much of Rattle-snake-root : Goats Rue may be eaten in Salads, or the Juice or Decoction thereof in Broath or Posset-drink, may be so used to very good purpose.

XIX. Issues.

SUCH as are tied to necessary Attendance on the Infected, as also such as live in Visited Houses, shall do well to cause Issues to be made in their Arms or Legs, or both, as the Physician shall think fit.

XX. Bleed-

XX. *Bleeding, Purging, Vomiting.*

THese three great Remedies rarely have place in the Plague, but are generally dangerous, (and most of all, purging by any strong Medicines) and therefore not to be used but upon some extraordinary, urgent, indicant or just Occasion, and with the greatest Caution, which only an able Physician can judge of; and therefore, no Advice in general can be given: Only if any Person be taken sick upon a full Stomach, from eating lately before, or Meat undigested; It is advisable that such Person discharge or get the Stomach emptied with all Speed by a large Quantity of Carduus, or plain Posset-drink, or warm Water, provoking by a Feather or Finger in the Throat as is usual: And when need requires, to open or keep soluble the Body, the Pills of *Rufus*, commonly called *Pestilential-Pills*, are the best and most proper to be used.

XXI. *Me-*

XXI. *Medicines expulsive.*

THE Poison is expelled best by Sweating, provoked by Posset-ale, made with Fennel and Marygolds in Winter, and with Sorrel, Bugloss and Borage in Summer; with the which in both Times they must mingle *London-Treacle* the Weight of two Drams, and so lay themselves with all Quietness to sweat.

For those that are able to bear it, this Course is effectual, and hath proved successful. Let the Party take a large Dose of any of these Cordials that is next at Hand, that is to say, of *London-Treacle*, or *Diascordium*, of either half an Ounce, or of *Mithridate* a quarter of an Ounce, or of *Venice-Treacle* half a quarter, or a quarter of an Ounce at most, in a Draught of Posset-drink made with White-wine, or Vineger; then let him be put to bed to sweat, well covered, in a Blanket, without his Shirt, for 24 Hours; every sixth Hour renewing his Cordial, but in half the Quantity formerly directed; between whiles refreshing him with Posset-drink, Oatmeal-caudle, or thin Broths made Gelly wise, or Harts-horn Gelly.

If the Person be unapt to sweat, lay two
or

or three Bricks, quenched in Vineger, wrapped up in a woollen Cloth, to his Body to promote it.

At the same Time that he applieth himself to sweat, he must apply Blisters to the Parts of his Body, as is elsewhere directed; Or Rowelling with Bryony, Hellebor, or Setterwort roots, doth exceeding well on the same Occasion.

Take of Angelica root two Ounces, of Tormentil-root an Ounce and half, make a Decoction in two Pints of Water to a Pint and half, add three Ounces of Juice of Lemon, or an Ounce and half of Vineger; let the sick drink a Draught as he can bear, and repete it at two or three Hours Distance.

Take of Mithridate to the Quantity of two Drams, or of *London-Treacle*, or of *Diascordium* to three Drams, or of *Venice-Treacle* to a Dram and half; dissolve either of them in a quarter of a Pint of Vineger, and drink it.

Take of *Venice-Treacle* a Dram, *Diascordium* two Scruples, Salt of Wormwood, Crabs eyes, of each a Scruple, Treacle-water an Ounce and half, Juice of Lemons, or Vineger two Ounces; for one Dose.

For the Cure of the Infected upon the first Apprehension; Burr-seeds, Cochineal, Powder

der of Harts-horn, Citron-seeds, one or more of them, with a few Grains of Camphire, are good to be given in Carduus or Dragon-water, or with some Treacle-water.

Take of White-wine Vineger from half a quarter to a quarter of a Pint, mixed with Salt, from twenty Grains to forty; drink it warm, and sweat upon it. Or take the Juice of fresh Cow-dung, strained with Vineger, from three Spoonfuls to seven.

XXII. *Avicen's Medicine.*

TAKE of Bole-Armeniack a Dram, of Juice of Orange half an Ounce, of White-wine an Ounce, of Red-rose Water two Ounces; mix them, and give it as soon as the Party suspects the Disease; if it be vomited, repete it again; if vomited again, repete it the second Time.

Take of Burr-seeds half a Dram, of Cochineal half a Scruple, of Camphire five Grains; mix these with two Ounces of Carduus, or Dragon-water, half an Ounce of Treacle-water, Syrup of Wood-forrel, a Spoonful, mix these, give it the Patient warm, cover him to sweat; you may give him a second Draught after twelve Hours; Let him drink no cold drink; This Possiet-drink,

drink, or the like, will be good to give the Visited liberally.

Take Citron-seeds six or eight shavings, of Harts-horn half a dram, *London-Treacle* one Dram, mix them with two Ounces of Carduus-water, or with three Ounces of the prescribed Posset-drink; drink it warm, and so lie to sweat.

Take Sorrel-Water, five or six Spoonfuls, Treacle Water one Spoonful, *London-Treacle* one Dram and a half, mix them well, give it warm, and so lay the Patient to sweat.

Take Tormentil, and Celandine-roots, of each four Ounces, Scabions and Rue, of each one handful and an half, White-wine Vinegar three Pints; boyl these till one Pint be wasted, strain out the Liquor, which reserve for the Use of the Infected: let it be taken thus.

Take of this Liquor, and of Carduus-water, of each one Ounce and an half, *London-Treacle* one Dram and an half, Bole-Armeniac half a Scruple, put thereto a little Sugar, mix them well, let the Party drink it warm, and cover him to sweat.

XXIII. *In Summer this is good.*

Take the *of Wood-sorrel* two
Ounce. *Juice of Lemons* one
D 2 Ounce,

Ounce, Diascordium one Dram, Cinnamon six Grains, Vineger half an Ounce; give it warm, and lay the sick Party to sweat; use this in Case of Fluxes of the Belly, or want of rest.

Take of Treacle of *Andromachus* or *Venice-Treacle*, from half a Dram to a Dram; or of *Electuarium de Ovo*, from a Scruple to half a Dram, in warm Posset Ale, as soon as you suspect your self infected, going to Bed, and sweating upon it.

Take of the Roots of Butterburre, the inner Bark of Ash, of each a Pound; Rue, Scordium, Angelica, Meadow-Sweet, Dragons, Carduus, of each three handfuls, White-wine and Vineger of each two Quarts; let them infuse for a Day or two, and after be distilled; adding to the rest (if to be had) six handfuls of the green Rhinds of Walnuts: Let the Water be sweetned with Syrup of Wood-Sorrel, adding to two Quarts half a Dram of Camphire, and three Drams of Spirit of Sulphur. This Water may be given from two Ounces to four.

Take of the Roots of Butterburre eight Ounces, let them be infused in a Gallon of Ale for four and twenty Hours, and then distilled in a Limbeck, add to the distilled Water six Pints of a strong Decoction of Carduus,

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Carduus, and in these Liquors infuse Root^s of Butterburre, Masterwort, Angelica, Valerian, of each six Ounces, Elecampane-root an Ounce, Leaves of *Scordium*, Bawm, of each three handfuls; of Juniper-berries half an Ounce; After four and twenty Hours infusing in a Bath or hot Water, make a second Distillation. Of this Water may be given three or four Ounces with warm Posset-Ale.

Take of the Root Butterburre, otherwise called Pestilent-wort, one Ounce, of the Root of Great-Valerian a Quarter of an Ounce, of Sorrel an handful; boil all these in a Quart of Water to a Pint, then strain it, and put thereto two Spoonfuls of Vineger, and dissolve in it two Ounces of good Sugar: Let the Infected drink of this, so hot as he may suffer it, a good Draught, and if he chance to cast it up again, let him take the same Quantity straightway upon it, and provoke himself to sweat.

Take of the Powder of good Bay-berries, the Husk taken away from them before they be dried, or of Ivy-berries well dried, a Spoonful; let the Patient drink this well mingled in a Draught of good stale Ale or Beer, or with a Draught of White-wine, and go to Bed, and cast himself into a Sweat, and forbear Sleep.

Take

Take the inward Bark of the Ash-tree one Pound, of Walnuts with the green outward Shells to the Number of fifty, cut these small, of Scabious, of Vervin, of each a handful, of Saffron two Drams, pour upon these the strongest Vineger you can get, four Pints, let them a little boil together upon a very soft Fire, and then stand in a very close Pot well stopt all a Night upon the Embers, after distil them with a soft Fire, and receive the Water close kept. Give unto the Patient laid in Bed and well covered with Clothes, two Ounces of this Water to drink, and let him be provoked to sweat; and every eight Hours, during the space of four and twenty Hours, give him the same Quantity to drink.

Care must be taken in the Use of these sweating Cordials, that the Party infected sweat two or three Hours, or rather much longer, if he have Strength, and sleep not till the Sweat be over, and that he have been well wiped with warm Linen, and when he hath been dryed, let him wash his Mouth with Water and Vineger warm, and let his Face and Hands be washed with the same. When these things are done, give him a good Draught of Broth made with Chicken, or Mutton, with Rosemary, Thyme, Sorrel, Suc-

Saccory, and Marygolds ; or else Water-grewel, with Rosemary, and Winter-Savory, or Thyme, Panado seasoned with Verjuice, or Juice of Wood-Sorrel : For their Drink, let it be small Beer warmed, with a Tost, or Water boyled with Carraway-seed, Carduus-seed, and a Crust of Bread, or such Posset-drink as is mentioned before in the second Medicine ; after some Nutrient let them sleep or rest, often washing their Mouth with Water and Vineger.

These Cordials must be repeated once in eight, ten, or twelve Hours at the furthest.

If the Party infected vomit up his Medicine, then repete it presently.

XXIV. *Medicines External.*

VEsicatories applied behind the Ears, about the Wrists, near the Arm-pits, on the Inside of the Thighs, and near the Groins, will draw forth the Venome.

For the swelling under the Ears, Arm-pits, or in the Groins, they must be always drawn forth and ripened, and broke with all speed.

These Tumours, and much more the Carbuncles and Blains do require the Care and Skill of the expert Chirurgion : but not to leave

leave the poorer Sort destitute of good Remedies; these following are very good.

Pull off the Feathers from the Tails of living Cocks, Hens, Pigeons, or Chickens, and holding their Bills, hold them hard to the Botch or Swelling, and so keep them at that Part until they die, and by this Means draw out the Poison: It is good to apply a Cupping-Glass, or Embers in a Dish, with a handful of Sorrel upon the Embers.

XXV. *To break the Tumor.*

Take a great Onion, hollow it, put in to it a Fig, Rue cut small, and a Dram of *Venice Treacle*, put it close stopt in a wet Paper, and roast it in the Embers; apply it hot unto the Tumor, lay three or four, one after another, let one lie three Hours.

Or it may be better to roast the Onion and Fig apart, the Onion being kept whole, and then, that all be beaten and mixed together. Take Roots of white Lillies, Figs, Leeks roasted, of each an Ounce, of Line-seed half an Ounce, let them be beat together in a Morter, and mixed with six Drams of old sour Leaven, adding as much Oil of Lillies, as may give a due Consistence; Let it be applied to the Tumor till it ripen and break;
which

which last, if it do not in a long Time it may be opened by Incision, or a Caustick applied upon, or a little below it.

Scabious and Sorrel roasted in the Embers, mixt with a little strong Leaven, and some Barrow's-grease, and a little Salt, will draw it and break it.

Take two or three roasted Onions, a Lillie-root or two, roasted, a handful of Scabious roasted, four or five Figs, a Piece of Leaven, and a little Rue, stamp all these together; if it be too dry, put to it of Oil of Lillies as much as shall be needful, or so much Salt Butter; make a Pulstess, apply it hot, after it hath lyen three or four Hours take it off, and burn it, and apply a fresh Pulstess of the same, if it prove hard to break, and a little burnt Copperas to the Pulstess.

Or this.

TAKE the Flowers of Elders two handfuls, Rocket-seed bruised one Ounce, Pigeons Dung three Drams; stamp these together, put to them a little Oil of Lillies, make thereof a Pulstess, apply it, and change it as you did the former.

When it is broken to draw it, and heal it, take the Yolk of an Egg, one Ounce of Honey of Roses, Turpentine half an Ounce, Wheat-flour a little, London-Treacle a Dram and a half; mix these well, spread it upon Leather, change it twice a Day, or take *Diachylon cum Gummis*.

XXVII. For the Carbuncle.

Apply an actual or potential Caustery, laying a Defensative of Bole-Armeniack, or *Terra Sigillata* mixed with Vineger, and the White of an Egg, round about the Tumour, but not upon it.

Take three or four Cloves of Garlick, Rue half a handful, four Figs, strong Leven, and the Soot of a Chimney in which Wood hath been burnt, of each half an Ounce, Mustard-seed two Drams, Salt a Dram and a half; stamp these well together, and apply it hot to the Sore; you may put thereto a little Salt Butter, if it be too dry.

Or this,

Take Leven half an Ounce, Radish-roots, the bigger the better, an Ounce and an half, Mustard-seed two Drams, Onions and Garlick roasted, of each two Drams and an half, Venice-Treacle or Mithridatum three Drams; mix these in a Mortar, apply it hot thrice a Day to the Sore.

But these Sores cannot be well ordered at a Chirurgion,

Take

Take of Scabious two handfals, stamp it in a Stone-morter, then put into it of old Swines Grease salted two Ounces, and the Yolk of an Egg; stamp them well together, and lay part of this warm to the Sore.

Take of the Leaves of Mallows, of Camomil-flowers, of each of them a handful, of Linseed beaten into Powder two Ounces, boil the Mallow-leaves first cut, and the Flowers of Camomil in fair Water, standing about a Finger's breadth, boil all them together, until all the Water be almost spent, then put thereunto the Linseed, of Wheat-flower half a handful, of Swines Grease, the Skins taken away, three Ounces, of Oyl of Lillies two Ounces, stir them still with a Stick, and let them all boil together on a soft Fire without Smoke, until the Water be utterly spent: Beat them all together in a Morter until they be well incorporated, and in feeling, smooth and not rough; then take part thereof hot in a Dish, set upon a Chaffing-dish of Coals, and lay it thick upon a linnen Cloth, applying it to the Sore.

Take a white Onion cut in Pieces, of fresh Butter three Ounces, of Leaven the weight of twelve pence, of Mallows one handful, of Scabious one handful, of Cloves of Garlick the weight of twenty pence. Boil them on the Fire in sufficient Water, and make a Pulstels of it, and lay it warm to the Sore.

Another.

Take two handfals of Valerian, two Ounces of Dane-wort, an handful of Smallage or Lovage; see the them all in Butter and Water, with a few Crumbs of Bread, and make a Pulstels thereof, and lay it warm to the Sore till it break.

Another.

Another.

IF you cannot have these Herbs, it is good to lay a Loaf of Bread to it hot, as it cometh out of the Oven (which afterward shall be burnt or buried in the Earth) or the Leaves of Scabious or Sorrel rosted, or two or three Lilly-roots rosted under Embers, beaten and applied.

It will be good to forbear all crude and moist Fruits, as Cucumbers, Melons, Plumbs, Cherries, Peaches, and raw Herbs and Sallads, as Lettice, Spinage, Radish, and such like; or to be moderate in the use of them, mixt with Oyl and Vineger.

THose that are delighted with Chymical Medicines only, may make use of some of these following, being honestly prepared according to the Descriptions of the Authors, and cautiously administered.

Elixir Pestilentiale.

Elixir Proprietatis.

Sulphur album & fixum.

Tinctura auri & Sulphuris fixi incremabilis.

Mixtura Bezoardica.

Extractum Pestilentiale.

Aurum Diaphoreticum.

Aurum vita.

Bezoardicum minerale purpurascens.

Bezoardicum minerale diaphoreticum.

Turpetum minerale diaphoreticum.

Aqua gratia Dei.

Spiritus Antipestiferus.

Præcipitatus auri diaphoreticus.

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